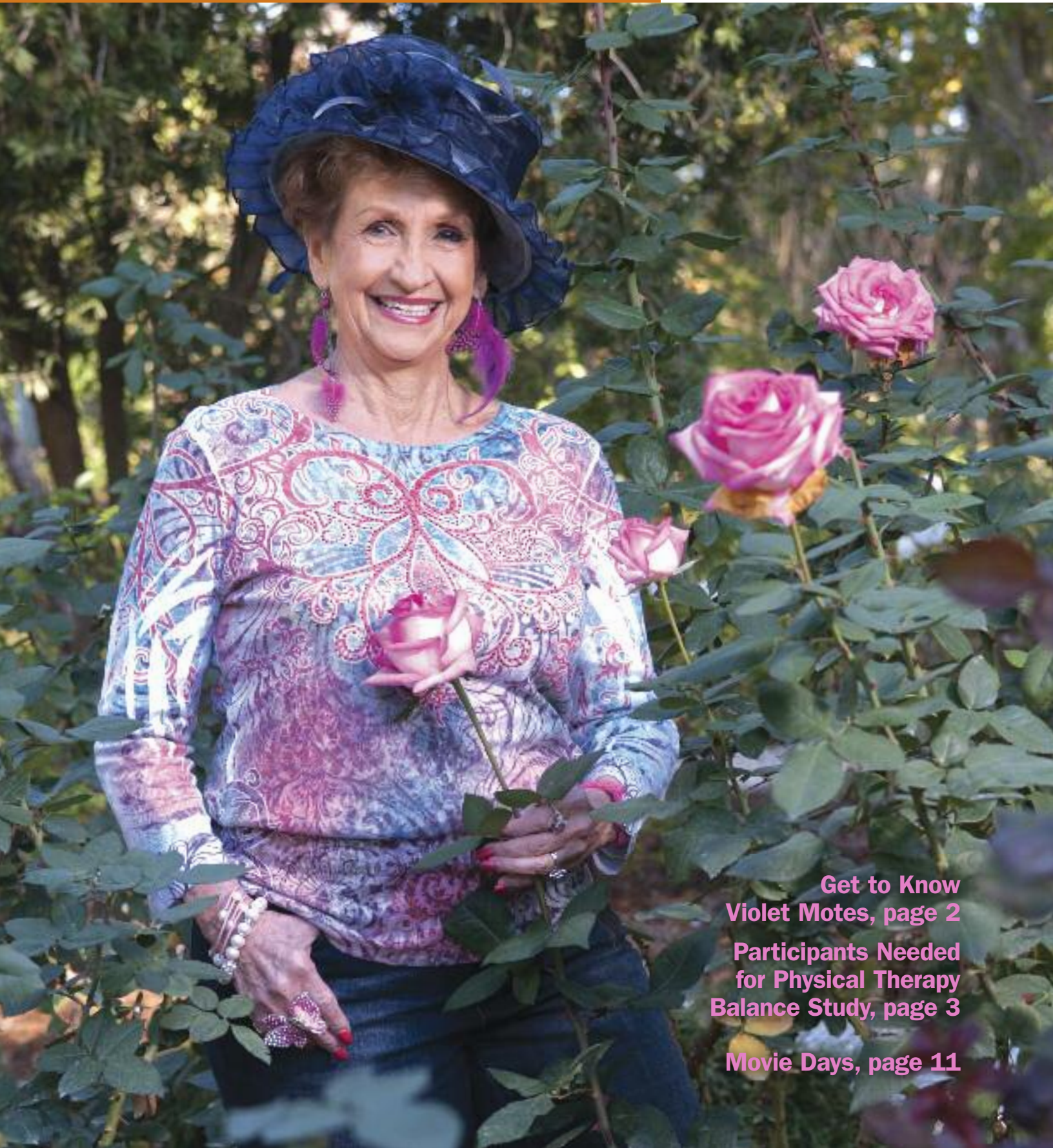


Generations OF care

JANUARY/FEBRUARY 2012 | VOL. 15 | ISSUE 1



Get to Know
Violet Motes, page 2

Participants Needed
for Physical Therapy
Balance Study, page 3

Movie Days, page 11

A Gatherer of Friends and Fun

■ With her twinkling eyes, infectious laugh, and warm smile, GenerationOne member Violet Green Motes meets an old friend and a new friend wherever she goes. A native Savannahian, she and her husband, Eugene, have been married for 57 years. They have a daughter and a son.

Motes was a hair stylist for 30 years and owned her own salon. Now retired, she and her husband manage the property of their rental homes. Motes is a member of numerous clubs, including the Elks Auxiliary, the United Daughters of the Confederacy, Republican Women, the Daughters of the American Revolution (DAR), and the Cameo Society – a DAR mother and daughter group. In addition, Motes is past president of the Savannah Federation of Women and treasurer of the Heritage Garden Club. She is also the past queen of the Moxie Chapter of the Red Hat Society.



Speaking of hats, Motes says she has more hats than she can count and enjoys wearing every one of them. Jewelry is another favorite of hers – fancy rings, beautiful necklaces, earrings, and bejeweled bracelets.

Motes also has clothing denoting every holiday –

Valentine's Day, St. Patrick's Day, Halloween, Christmas – you name it, she wears it.

But don't let her fancy attire fool you, Motes has no problem picking up a fishing rod or a gun and heading outdoors. She and her husband fish and hunt together regularly. She loves to tell the story of how she once shot

a wild boar that charged her. The Motes also enjoy gardening. Eugene tends the vegetables and Violet cans what he grows.

Motes travels extensively. She and Eugene have cruised to the Caribbean, Hawaii, Alaska, Quebec, and New England. They've also visited Mexico, California, Catalina Island, the Grand Canyon, and Yellowstone National Park. Birthdays and anniversaries are important to Motes, so she and Eugene load up the car and travel out of town to help family celebrate special occasions.

Family and friends love it when Motes shows up with one of her famous pound cakes. Her recipe has earned her the nickname "Cake Lady." The cakes are so good, somebody once paid \$100 for one of her pound cakes.

When she's not baking, Motes can be found playing a great game of bridge. She plays bridge on Thursdays at GenerationOne and is in three other area bridge groups. Motes also enjoys billiards. She even won a billiards contest while on a skiing trip in New Hampshire.

As busy as she is, Motes finds time to give back. She has volunteered at a local nursing home styling the residents' hair. She volunteered at the Bamboo Farm, the Southern Living Cooking Show, and is a bell ringer for the Salvation Army.

In her spare time, Motes enjoys reading and attending the theatre. She stays fit with yoga. In the summer, you can find her water skiing and in the winter she enjoys snow skiing and snowmobiling up north.

Violet Motes makes the most of every day. She is a beautiful person inside and out, and a friend to all. GenerationOne is honored to be gathered in her circle of friends.

Get Computer Savvy at GenerationOne

■ GenerationOne is pleased to offer beginner and intermediate computer classes beginning in January. GenerationOne member Jim Futrell has volunteered to share his computer expertise. The beginners class will address basic computer terminology, accessing and browsing the Internet, setting up an email account, and sending and receiving emails.



The intermediate class is for those who are comfortable using a computer but are interested in learning more. This class will be informal and geared toward the interests of the participants.

The beginners class will be held from 10 a.m. until noon on Mondays, beginning January 23. The intermediate class will be held from 10 a.m. until noon on Wednesdays, beginning January 25. Space is limited. To register or for more information, call the GenerationOne office at 350-7587.

Participants Needed for Physical Therapy Balance Study

■ People over the age of 65 have a 1 in 3 chance of falling. That statistic increases to 1 in 2 by the age of 80. For people over the age of 65, falls are the leading cause of fatal and non-fatal injuries. Given these startling numbers, the medical community is very interested in research to predict a person's risk of falling and in developing techniques to prevent falls.



Armstrong Atlantic State University physical therapy students are inviting GenerationOne members to participate in a balance study. The purpose of the study is to determine the reliability and validity of the Wii Balance Board (part of the Wii Fit Nintendo video game system) as a predictor of fall risk in older adults. Each participant will be asked to perform a series of balance tests under the supervision of two skilled examiners. Testing will take approximately 45 minutes to complete.

To be eligible for the study, participants must meet the following criteria:

- Must be at least 65 years old
- Able to move 10 meters or more without an assistive device
- Able to stand unaided for 90 seconds without an assistive device
- Able to understand and follow simple verbal instructions
- Able to provide informed consent

Participants who have lower extremity amputation, blindness, vestibular disorders, or ear infection within two weeks prior to testing will be excluded from the test.

There is no charge to participate, but you must be a GenerationOne member. The balance study will be performed at the GenerationOne office. To schedule your appointment, call GenerationOne at 350-7587.

Lunch with the Doctor

■ You're invited to lunch and learn at the following events. Lunches and lectures are held in the GenerationOne Activity Room at 7135 Hodgson Memorial Drive in Market Walk. You must register by calling GenerationOne at 350-7587.

Crooked Toes, Plantar Fasciitis, and other Foot and Ankle Concerns, Their Causes, and Treatments
Thursday, January 26

Speaker: J.T. Prather, M.D., foot and ankle specialist at Chatham Orthopaedic Associates
Lunch at 11:30 a.m., \$3 per person
Lecture begins at noon and is free of charge
Register at 350-7587

Foot pain can be the result of many different problems, including bunions, crooked toes, misshapen toes, and plantar fasciitis. Foot pain affects your life in many ways, but can often be treated. Join us as Dr. Prather discusses common foot problems, their causes, and their treatment.

Minimally Invasive Surgery – A New Technique
Thursday, February 23

Speaker: Patrick Hammen, M.D., Memorial Health University Physicians – Surgical Specialists of Savannah
Lunch at 11:30 a.m., \$3 per person
Lecture begins at noon and is free of charge
Register at 350-7587

In the past, surgery to remove the appendix, remove the gallbladder, repair a hernia, or correct acid reflux required one large incision. The patient endured more pain and a longer recovery time. With today's minimally invasive surgery, the surgeon makes a few small incisions and with precise accuracy can perform the procedure in a short amount of time. The patient often can go home the same day. Join us as Dr. Hammen discusses the latest minimally invasive surgery techniques and how they can benefit you and your family.

Tap Into Your Inner Artist

■ GenerationOne and the Savannah Art Association are offering a series of painting and drawing classes. Uncover your artistic talent by attending one or all of the classes.



Encaustic Painting (hot wax painting)
10 a.m. to 2 pm.

Saturday, January 14 and
Saturday, January 28

Taught by Christine Sajecki
\$30 per class for GenerationOne members

Drawing the Self-Portrait
10 a.m. to 2 p.m.

Saturday, February 11

Taught by Hugh Gale
\$20 per class for GenerationOne members

Creative Figure Sketching
10 a.m. to 2 p.m.

Saturday, February 25

Taught by Hugh Gale
\$20 per class for GenerationOne members

All class are taught in the GenerationOne Activity Room. For a list of the art supplies each student needs and to register for the class, call John Sonnier at 912-441-0873 or email sonnier@juno.com.

AARP Safe Driving Course Schedule

■ The AARP Safe Driving Course is a classroom refresher course for licensed drivers. The objectives of the course are to improve driver skills, review and upgrade knowledge of the rules of the road, and help drivers compensate for driving limitations that occur as we get older.

There is no written test and no behind-the-wheel sessions. The class consists of group discussions, video presentations, and instructor lecture. Instructors are trained volunteers and members of AARP. Everyone who attends the full course receives a certificate. The fee to take the course is \$12 per person for AARP members (you must bring your AARP membership card) and \$14 per person for non-AARP members.

Why take the course? Not only can it improve your driving skills, it may also lower your collision and liability insurance premiums. In Georgia, the law requires insurance companies to give a 10 percent discount to drivers who complete a driving safety course and who have not had any accidents in the past three years. GenerationOne members can take the course on any of the dates listed.

AARP Safe Driving Course 2012 Schedule

Classes are held on Thursdays from 9 a.m. until 3 p.m. in the GenerationOne Activity Room, Market Walk, 7135 Hodgson Memorial Drive. To register, call the GenerationOne office at 350-7587.

January 12	June 14
February 9	August 9
March 8	September 13
April 12	October 11
May 10	November 8

Intermediate Level Bridge Lessons Available

■ If you are a bridge player and want to expand your knowledge of the game, here is your opportunity to do so for free. GenerationOne is offering intermediate bridge lessons for GenerationOne members on Thursdays, from 9 a.m. to 11 a.m. beginning January 5. Class will be held every Thursday through the month of February. Register for the class by calling 350-7587.



Sunday	Monday	Tuesday	Wednesday
1 New Year's Day GenerationOne is located in Market Walk at 7135 Hodgson Memorial Drive, Suite 12B. 912-350-7587 or 1-866-625-9429	2 GenerationOne closed today.	3 Painting, 10 a.m., Activity Room Scrabble, 1 p.m. - 4 p.m. Line Dancing, 5 p.m., Activity Room Savannah Wood Carvers Club 7 p.m., Activity Room	4 Line Dancing, Beginner Intermediate, 10:30 a.m. Knitting and Crochet Learn and Play Mah Jong Chair Aerobics, 1:30 p.m. Chair Toning Exercises, 2:20 p.m., Activity Room
8	9 Line Dancing, 10:30 a.m. Chair Aerobics, 1:30 p.m. Chair Toning Exercises, 2:20 p.m., Activity Room Canasta, 1 p.m. - 4:30 p.m.	10 Painting, 10 a.m., Activity Room Book Club, 11 a.m. <i>Caleb's Crossing</i> by Geraldine Brooks. Open to all members. Balance Screenings every Tuesday See page 3 for more information. Register at 350-7587. Scrabble, 1 p.m. - 4 p.m. Line Dancing, 5 p.m., Activity Room	11 Line Dancing, Beginner Intermediate, 10:30 a.m. Knitting and Crochet Learn and Play Mah Jong Chair Aerobics, 1:30 p.m. Chair Toning Exercises, 2:20 p.m., Activity Room
15	16 Martin Luther King, Jr. Day Line Dancing, 10:30 a.m. Canasta, 1 p.m. - 4:30 p.m. Chair Aerobics, 1:30 p.m. Chair Toning Exercises, 2:20 p.m., Activity Room	17 Painting, 10 a.m., Activity Room Scrabble, 1 p.m. - 4 p.m. Line Dancing, 5 p.m., Activity Room	18 Line Dancing, Beginner Intermediate, 10:30 a.m. Knitting and Crochet Learn and Play Mah Jong Chair Aerobics, 1:30 p.m. Chair Toning Exercises, 2:20 p.m., Activity Room
22	23 Chinese New Year Beginners Computer Class See page 3 for more information. Call 350-7587 to register. Line Dancing, 10:30 a.m. Canasta, 1 p.m. - 4:30 p.m. Chair Aerobics, 1:30 p.m. Chair Toning Exercises, 2:20 p.m., Activity Room	24 Painting, 10 a.m., Activity Room Scrabble, 1 p.m. - 4 p.m. Line Dancing, 5 p.m., Activity Room	25 Intermediate Computer Class more information. Call 350-7587. Line Dancing, Beginner Intermediate, 10:30 a.m. Knitting and Crochet Learn and Play Mah Jong Chair Aerobics, 1:30 p.m. Chair Toning Exercises, 2:20 p.m., Activity Room Super Supper Club, 5:30 p.m. The Olive Garden, 1133 S. 1st St. Register at 350-7587.
29	30 Line Dancing, 10:30 a.m. Canasta, 1 p.m. - 4:30 p.m. Chair Aerobics, 1:30 p.m. Chair Toning Exercises, 2:20 p.m., Activity Room	31 Painting, 10 a.m., Activity Room Scrabble, 1 p.m. - 4 p.m. Line Dancing, 5 p.m., Activity Room	

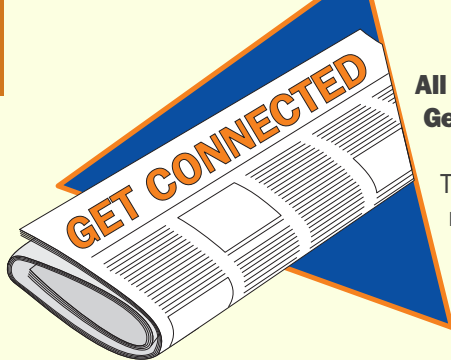
Generation one

	Thursday	Friday	Saturday
<p>anners, 9:15 a.m., 0 a.m.</p> <p>et Class, 10 a.m.</p> <p>n Jongg, 12:15 p.m.</p> <p>0 p.m.</p> <p>ises, 2:20 p.m.,</p>	<p>5</p> <p>Intermediate Bridge Lessons Begin 9 a.m., See page 5 for more informa- tion. Register at 350-7587.</p> <p>Yoga Practice, 10 a.m. - 11 a.m.</p> <p>Bridge, 1 p.m. - 4 p.m.</p> <p>No Tai Chi Practice Today</p>	<p>6</p> <p>Pinochle, 10 a.m.</p>	<p>7</p>
<p>anners, 9:15 a.m., 0 a.m.</p> <p>et Class, 10 a.m.</p> <p>n Jongg, 12:15 p.m.</p> <p>0 p.m.</p> <p>ises, 2:20 p.m.,</p>	<p>12</p> <p>AARP Safe Driving Course 9 a.m. - 3 p.m., Activity Room, \$12 per person for AARP members, \$14 for non- members, call 350-7587 to register.</p> <p>Balance Screenings every Thursday See page 3 for more information. Register at 350-7587.</p> <p>Yoga Practice, 10 a.m. - 11 a.m.</p> <p>Bridge, 1 p.m. - 4 p.m.</p> <p>No Tai Chi Practice Today</p>	<p>13</p> <p>Balance Screenings every Friday See page 3 for more information. Register at 350-7587.</p> <p>Pinochle, 10 a.m.</p> <p>Movie Day, 2 p.m., Activity Room <i>The Help</i> Register at 350-7587 \$1 per person</p>	<p>14</p> <p>Encaustic Painting Class \$30 per person Christine Sajecki, instructor 9 a.m. - 2 p.m., Activity Room See page 4 for more information.</p>
<p>anners, 9:15 a.m., 0 a.m.</p> <p>et Class, 10 a.m.</p> <p>n Jongg, 12:15 p.m.</p> <p>0 p.m.</p> <p>ises, 2:20 p.m.,</p>	<p>19</p> <p>Free Basic Vision and Glaucoma Screenings, Georgia Eye Institute Call 350-7587 for an appointment.</p> <p>Yoga Practice, 10 a.m. - 11 a.m.</p> <p>Bridge, 1 p.m. - 4 p.m.</p> <p>Practice Tai Chi, 4 p.m., Activity Room</p>	<p>20</p> <p>Pinochle, 10 a.m.</p> <p>Movie Day, 2 p.m., Activity Room <i>The Help</i>, (second showing) Register at 350-7587, \$1 per person.</p>	<p>21</p> <p>Savannah Wood Carvers Club 9 a.m. - 2 p.m., Activity Room</p>
<p>Class. See page 3 for 50-7587 to register.</p> <p>s, 9:15 a.m., .</p> <p>ass, 10 a.m.</p> <p>gg, 12:15 p.m.</p> <p>m.</p> <p>2:20 p.m., Activity</p> <p>0 p.m., Dutch Treat 3 Abercorn Street,</p>	<p>26</p> <p>Yoga Practice, 10 a.m. - 11 a.m.</p> <p>Bridge, 1 p.m. - 4 p.m.</p> <p>Lunch with the Doctor Crooked Toes, Plantar Faciitis, and other Foot and Ankle Concerns, Their Causes and Treatments Speaker: J.T. Prather, Chatham Orthopaedic Associates Lunch at 11:30 a.m., \$3 per person. Lecture at noon, free of charge. Register at 350-7587.</p> <p>Tai Chi Practice, 4 p.m., Activity Room</p>	<p>27</p> <p>Pinochle, 10 a.m.</p> <p>Bingo, 10:30 a.m.</p>	<p>28</p> <p>Encaustic Painting Class \$30 per person Christine Sajecki, instructor 9 a.m. - 2 p.m., Activity Room See page 4 for more information.</p>

Sunday	Monday	Tuesday	Wednesday
<p>GenerationOne is located in Market Walk at 7135 Hodgson Memorial Drive, Suite 12B. 912-350-7587 or 1-866-625-9429</p>			<p>1</p> <p>Line Dancing, Beginner/Intermediate, 10:30 a.m.</p> <p>Knitting and Croch</p> <p>Learn and Play Mah</p> <p>Chair Aerobics, 1:30 p.m.</p> <p>Chair Toning Exerc</p> <p>Activity Room</p>
<p>5</p>	<p>6</p> <p>Line Dancing, 10:30 a.m.</p> <p>Canasta, 1 p.m. - 4:30 p.m.</p> <p>Chair Aerobics, 1:30 p.m., Chair Toning Exercises, 2:20 p.m.</p> <p>Activity Room</p>	<p>7</p> <p>Balance Screenings every Tuesday See page 3 for more information. Call 350-7587 for an appointment.</p> <p>Painting, 10 a.m., Activity Room</p> <p>Scrabble, 1 p.m. - 4 p.m.</p> <p>Line Dancing, 5 p.m.</p> <p>Savannah Wood Carvers Club 7 p.m., Activity Room</p>	<p>8</p> <p>Line Dancing, Beginner/Intermediate, 10:30 a.m.</p> <p>Knitting and Croch</p> <p>Learn and Play Mah</p> <p>Chair Aerobics, 1:30 p.m.</p> <p>Chair Toning Exerc</p> <p>Activity Room</p>
<p>12</p> <p>Georgia Day</p>	<p>13</p> <p>Line Dancing, 10:30 a.m.</p> <p>Canasta, 1 p.m. - 4:30 p.m.</p> <p>Chair Aerobics, 1:30 p.m., Chair Toning Exercises, 2:20 p.m.</p> <p>Activity Room</p>	<p>14</p> <p>Valentine's Day</p> <p>Painting, 10 a.m., Activity Room</p> <p>Book Club, 11 a.m. <i>Heaven Is for Real: A Little Boy's Astounding Story of His Trip to Heaven and Back</i> by Todd Burpo with Lynn Vincent. Open to all members.</p> <p>Scrabble, 1 p.m. - 4 p.m.</p> <p>Line Dancing, 5 p.m.</p>	<p>15</p> <p>Line Dancing, Beginner/Intermediate, 10:30 a.m.</p> <p>Knitting and Croch</p> <p>Learn and Play Mah</p> <p>Chair Aerobics, 1:30 p.m.</p> <p>Chair Toning Exerc</p> <p>Activity Room</p>
<p>19</p>	<p>20</p> <p>Presidents Day</p> <p>Line Dancing, 10:30 a.m.</p> <p>Canasta, 1 p.m. - 4:30 p.m.</p> <p>Chair Aerobics, 1:30 p.m., Chair Toning Exercises, 2:20 p.m.</p> <p>Activity Room</p>	<p>21</p> <p>Painting, 10 a.m., Activity Room</p> <p>Scrabble, 1 p.m. - 4 p.m.</p> <p>Line Dancing, 5 p.m.</p>	<p>22</p> <p>Ash Wednesday</p> <p>Line Dancing, Beginner/Intermediate, 10:30 a.m.</p> <p>Knitting and Croch</p> <p>Learn and Play Mah</p> <p>Chair Aerobics, 1:30 p.m.</p> <p>Chair Toning Exerc</p> <p>Activity Room</p>
<p>26</p>	<p>27</p> <p>Line Dancing, 10:30 a.m.</p> <p>Canasta, 1 p.m. - 4:30 p.m.</p> <p>Chair Aerobics, 1:30 p.m., Chair Toning Exercises, 2:20 p.m.</p> <p>Activity Room</p> <p>Super Supper Club, Dutch Treat, 5:30 p.m., Red Lobster, 11 W. Montgomery Crossroads. Register at 350-7587.</p>	<p>28</p> <p>Painting, 10 a.m., Activity Room</p> <p>Scrabble, 1 p.m. - 4 p.m.</p> <p>Line Dancing, 5 p.m.</p>	<p>29</p> <p>Line Dancing, Beginner/Intermediate, 10:30 a.m.</p> <p>Knitting and Croch</p> <p>Learn and Play Mah</p> <p>Chair Aerobics, 1:30 p.m.</p> <p>Chair Toning Exerc</p> <p>Activity Room</p>

Generation one

	Thursday	Friday	Saturday
<p>lunches, 9:15 a.m., 10 a.m.</p> <p>Art Class, 10 a.m.</p> <p>Dr. Jongg, 12:15 p.m.</p> <p>1:30 p.m., lectures, 2:20 p.m.,</p>	<p>2 Groundhog Day</p> <p>Balance Screenings every Thursday See page 3 for more information. Register at 350-7587.</p> <p>Yoga Practice, 10 a.m. - 11 a.m.</p> <p>Bridge, 1 p.m. - 4 p.m.</p> <p>Practice Tai Chi, 4 p.m., Activity Room</p>	<p>3</p> <p>Pinochle, 10 a.m.</p> <p>Balance Screenings every Friday See page 3 for more information. Call 350-7587 for an appointment.</p> <p>Wii Bowling, 2 p.m. Register at 350-7587.</p>	<p>4</p>
<p>lunches, 9:15 a.m., 10 a.m.</p> <p>Art Class, 10 a.m.</p> <p>Dr. Jongg, 12:15 p.m.</p> <p>1:30 p.m., lectures, 2:20 p.m.,</p>	<p>9</p> <p>AARP Safe Driving Course 9 a.m. - 3 p.m. in the Activity Room \$12 per person for AARP members \$14 for non-members, call 350-7587 to register.</p> <p>Yoga Practice, 10 a.m. - 11 a.m.</p> <p>Bridge, 1 p.m. - 4 p.m.</p> <p>Practice Tai Chi, 4 p.m., Activity Room</p>	<p>10</p> <p>Pinochle, 10 a.m.</p> <p>Movie Day, 2 p.m., Activity Room <i>Midnight in Paris</i> Register at 350-7587. \$1 per person.</p>	<p>11</p> <p>Drawing the Self-Portrait Class \$20 per person Hugh Gale, instructor 9 a.m. - 2 p.m., Activity Room See page 4 for more information.</p>
<p>lunches, 9:15 a.m., 10 a.m.</p> <p>Art Class, 10 a.m.</p> <p>Dr. Jongg, 12:15 p.m.</p> <p>1:30 p.m., lectures, 2:20 p.m.,</p>	<p>16</p> <p>Free Basic Vision and Glaucoma Screenings, Georgia Eye Institute Call 350-7587 for an appointment.</p> <p>Yoga Practice, 10 a.m. - 11 a.m.</p> <p>Bridge, 1 p.m. - 4 p.m.</p> <p>Practice Tai Chi, 4 p.m., Activity Room</p>	<p>17</p> <p>Pinochle, 10 a.m.</p> <p>Movie Day, 2 p.m., Activity Room <i>Dolphin Tale</i> Register at 350-7587. \$1 per person.</p>	<p>18</p> <p>Savannah Wood Carvers Club 9 a.m. - 2 p.m. Activity Room</p>
<p>lunches, 9:15 a.m., 10 a.m.</p> <p>Art Class, 10 a.m.</p> <p>Dr. Jongg, 12:15 p.m.</p> <p>1:30 p.m., lectures, 2:20 p.m.,</p>	<p>23</p> <p>Yoga Practice, 10 a.m. - 11 a.m.</p> <p>Lunch with the Doctor, Minimally Invasive Surgery – A New Technique Speaker: Patrick Hammen, M.D., Memorial Health University Physicians – Surgical Specialists of Savannah Lunch at 11:30 a.m., \$3 per person. Lecture at noon, free of charge. Register at 350-7587.</p> <p>Bridge, 1 p.m. - 4 p.m.</p> <p>Practice Tai Chi, 4 p.m., Activity Room</p>	<p>24</p> <p>Pinochle, 10 a.m.</p> <p>Bingo, 10:30 a.m.</p>	<p>25</p> <p>Creative Figure Sketching Class \$20 per person Hugh Gale, instructor 9 a.m. - 2 p.m., Activity Room See page 4 for more information.</p>
<p>lunches, 9:15 a.m., 10 a.m.</p> <p>Art Class, 10 a.m.</p> <p>Dr. Jongg, 12:15 p.m.</p> <p>1:30 p.m., lectures, 2:20 p.m.,</p>			



All ads should be mailed to:

GenerationOne | P.O. Box 23089 | Savannah, GA 31403

The deadline for ad submission for the March/April 2012 newsletter is January 26, 2012.

Get Connected is a service for GenerationOne members to offer goods and services to others. You must be a GenerationOne member to submit items for publication. Listings will be printed in two issues at no charge.

For Sale

La-Z-Boy sofa, 84 inches, light green tweed color, like new, \$250. Maple dining room suit – table with two leaves, 2 captain chairs, 4 regular chairs, and one side server, \$200. Call 912-897-1599.

Condo for Sale

Located in Colony Park, mint condition, 2 BR and 2 baths, remodeled with new kitchen, bathrooms, hardwood floors, fixtures, and ceiling fans. Has covered front porch and screened back porch, large laundry room, and additional attic storage. Also has new double pane/argon windows. Condo community pool and nicely landscaped, well-kept grounds. Reasonable utilities. Low amenity fees, good reserves. Call 912-631-0110.

For Sale

Six burial plots in Hillcrest Abbey East. Asking \$3,000 for all six or will sell separately. Please call 256-303-2504.

For Sale

Baldwin Baby Grand piano, Model M, walnut, one owner, excellent condition, a padded bench is included, \$8,000. Call 912-925-7681.

For Sale

Two cemetery lots in Hillcrest Abby, Garden of Memories, located on main road, \$2,200 for both. Call 912-632-6102.

Pecans for Sale

Locally grown 2011 pecan crop, \$9 per pound, shelled. Call 912-925-1718.

For Sale

Ladies blouses and slacks, sizes small to large, \$2 each; ladies shoes, sizes 7 1/2 to 9, \$2 each; men's suit, navy, size 48R, great condition, \$15; men's slacks, size 42 x 32, \$4 each; men's shirts, size 17, \$3 each. Call 912-925-4392.

For Sale

Six cemetery plots together in Hillcrest Abbey East, Memorial Park, Nandina section, Lot 182, in prime area. Call 803-781-5262.

Caregiver Needed

Need night sitter for elderly lady on Isle of Hope. Offering free upstairs apartment, river view, in exchange for five nights of care downstairs. Must be a non-smoker and have references. Call 912-786-9905 or 912-353-9999.

For Sale

Four burial plots in Forest Lawn Memorial Gardens, Masonic section, Lots 27C, 1-4; two Montcello concrete vaults; Williamsburg marker (36 x 13) with granite base, all for \$6,000 (purchase valued over \$12,000). Call 912-897-2444.

For Sale

Beautiful porcelain dolls for sale. Call 912-484-1405.

Caregiver Available

Caring, compassionate, non-smoking personal care assistant and GenerationOne member available to care for the sick and elderly. Have excellent references, able to work flexible hours, and knowledgeable in all phases of care. Will also perform light housekeeping duties. Please call 912-695-6065.

For Sale

Two burial plots in Forest Lawn Memory Gardens, Faith Garden section, \$3,000. Please call 912-858-2335 after 6 p.m.

Cruises Available

GenerationOne member and accredited cruise counselor offering cruise services. Call 912-484-1405 or email carmengcrt@gmail.com for information.

Rental Cabin in Georgia Mountains

Relax in Clayton, Ga. Easy access, breathtaking views, 2 BR, 2 full baths, equipped kitchen, fireplace, central heat/air, satellite TV, VCR/DVD player, quiet, relaxing, large deck with rockers and swing, \$65 per night (2-night minimum), plus clean-up fee. Owned by Savannah resident. View the website for photos at www.cradlecrest.com. Call 912-352-3313 (local in Savannah) or 1-877-352-3313 (toll-free).

Movie Days

■ *The Help*

2 p.m., Friday, January 13 or 2 p.m., Friday, January 20

Based on the best-selling novel by Kathryn Stockett, *The Help* is the story of three women living in Jackson, Mississippi, just before the Civil Rights Movement begins. Skeeter is a recent college graduate who longs to be a journalist. Having been raised by her beloved maid, Skeeter sets out to secretly write a book based on interviews with the maids of several of her friends – all known as “the help.” These women help care for their bosses’ children, cook, clean, and witness the dynamics of each family. But they are also subjected to slights and insults and often are not allowed to use the same bathroom as the family. The implications of this secret book will put Skeeter and the women she interviews at risk in a town that is not ready for the changing times – or is it?

This movie will be shown twice. Call 350-7587 to reserve your seat for either January 13 or January 20. The cost is \$1 per person.

Midnight in Paris

2 p.m., Friday, February 10

Inez and her fiancé, Gil, travel with her parents to Paris for business and pleasure. Gil, an aspiring author, immediately falls in love with the city and wants to move there. Inez and her wealthy parents discourage him. For writing inspiration, Gil begins to walk through Paris every night. One night as the clock strikes midnight, Gil is invited to join a group of people who stop their car next to him. They are all dressed in 1920s attire. Are they on their way to a costume party? Gil goes along and soon finds himself transported to a bygone era. Although Gil returns to present time later that evening, he walks again for the next several evenings and each time is greeted by another car. He meets Ernest Hemingway, Pablo Picasso, and Picasso’s mistress, Adriana.

Gil soon begins to fall in love with Adriana. During the day, Gil spends time with Inez and suspects that she too has found another love interest. He must now make the choice of staying in the present or returning to the past. Join us for this romantic comedy set in this beautiful city. Register for the fun by calling 350-7587. The cost is \$1 per person.



Dolphin Tale

2 p.m., Friday, February 17

This movie is inspired by the true story of a dolphin who severely damaged her tail after getting caught in a crab trap. Washing ashore, she was saved by a group of strangers on the beach. She was transported to a marine hospital where her journey to recovery begins. Winter, as she has been named, cannot live without a tail. With the help of a marine biologist, the ingenuity of a brilliant prosthetics doctor, and the unwavering devotion of a young boy, a prosthetic appendage is made to replace Winter’s tail. This amazing invention will not only help Winter, but could possibly help people who have had amputations. Join us for this wonderful movie that will warm your heart on a cold February day. Reserve your seat by calling 350-7587. The cost is \$1 per person.

Memorial

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Book Club

■ *Caleb's Crossing*

11 a.m., Tuesday, January 10

Our January book club selection is an historical fiction novel by Geraldine Brooks. *Caleb's Crossing* transports us to Massachusetts in the late seventeenth century. Bethia Mayfield longs to be educated like her brother, but it was not custom for females during this time. Bethia forms a friendship with a young Wampanoag Indian named Caleb. When Caleb's family is lost to small pox, Bethia's father brings Caleb to live with them. Soon Bethia's brother and Caleb are sent to Cambridge to study and prepare for attendance at what will be known as Harvard. Caleb is the first Native American to attend school there. Bethia is also sent to Cambridge, but as an indentured servant to pay for her brother's education.

At Cambridge, Bethia and Caleb keep their friendship a secret while enduring Caleb's crossing from his Native American culture to the white English settler culture. The book describes the misunderstandings and differences of paganism and Christianity, the privileges of being a male, and the misfortunes of being a female at this time in history. The story is full of ignorance, knowledge, pain, hope, and ultimately the gift of true friendship. Join us on January 10 at 11 a.m. to discuss *Caleb's Crossing*.

Heaven Is for Real: A Little Boy's Astounding Story of His Trip to Heaven and Back

11 a.m., Tuesday, February 14

In February, we will discuss *Heaven Is for Real: A Little Boy's Astounding Story of His Trip to Heaven and Back* by Todd Burpo with Lynn Vincent. This book is the true story of 4-year-old Colton Burpo who suffered a ruptured appendix and required emergency surgery. A few months after his miraculous recovery, Colton begins to tell his minister father that during his surgery he went to heaven. Colton's parents knew he was telling the truth when he said he met a sister he never knew (a miscarried baby he knew nothing about) and his grandfather who died 30 years before he was born. Colton also told his father details about each of them. And yes, Colton even tells of his meeting Jesus and seeing angels. Could this experience be true or just a 4-year-old's dreams? Join us on for February 14 for an enlightening discussion.