

## Ways to Provide Medical Play

### Infants

- Play peek-a-boo with surgical hats or masks.
- Let them see you touching or playing with the equipment.
- Let them explore medical equipment.

### Toddlers

- Give them their own medical kit that contains items such as bandages.
- Play doctor with dolls.
- Play peek-a-boo with surgical hats and masks.
- Create a collage with bandages and other medical equipment.
- Let them explore medical equipment.
- Read books about going to the hospital.

### Preschoolers

- Play with doctor kits and dolls.
- Create a collage with bandages and other medical equipment.
- Paint with syringes.
- Let them explore medical equipment.
- Read books about going to the hospital.

### School-age children

- Make sculptures from medical equipment.
- Create a collage with bandages and other medical equipment.
- Using syringes in medical play.
- Make art from tongue depressors.
- Play with doctor kits, real medical equipment, and dolls.
- Read books about real healthcare experiences.

### Adolescents

- Write stories and poems about the healthcare experience.
- Make sculptures with casting materials.
- Create artwork and music with medical themes.
- Explore real medical equipment.